

FPCC MIND-HEART DIALOGUE

TRAINING OF NATIONAL TEAMS

WHAT IS FPCC?



Conceived in 2018, the Faith and Positive Change for Children, Families and Communities initiative (FPCC) aims to **move beyond single-sector, small-scale, ad-hoc and sometimes instrumentalist approaches** of faith engagement in development and humanitarian work. It is a global partnership between UNICEF, Religions for Peace (RfP), and Joint Learning Initiative on Local Faith Communities (JLI). FPCC builds on **wide-ranging evidence** including: mapping and case studies of UNICEF's work with faith actors; a global review of literature and faith engagement guides; and co-developing a partnership 'Journey of Change.'¹ The **foundational approach of 'Mind-Heart dialogue'** was piloted across two regions in Africa through five country 'WorkRocks' in 2019; and six virtual sessions to support COVID-19 response in 2020.

Mind-Heart dialogue is an evidence-based² **reflective and experiential learning process**, exploring faith convictions, lived experiences and knowledge to influence positive social and behavior change. It supports faith groups and development partners to **work together to protect and empower children**, families and communities.

Mind-Heart dialogue engages participants holistically, with faith underlying both parts:

FAITH: explores spiritual beliefs, values and motivations, creating space to reflect and positively interpret teachings and to integrate spiritual reflection, prayer and meditation into processes of change.

MIND: draws on technical knowledge, resources and people to provide evidence on what works and demonstrate the benefits of new/ adapted positive practices and abandoning harmful ones.

HEART: reflects on experiences and emotions to unpack drivers of behavior and motivate change; identifies norms that hold harmful practices and unequal opportunities in place; and releases local skills and resources.

WHAT IS MIND-HEART DIALOGUE?



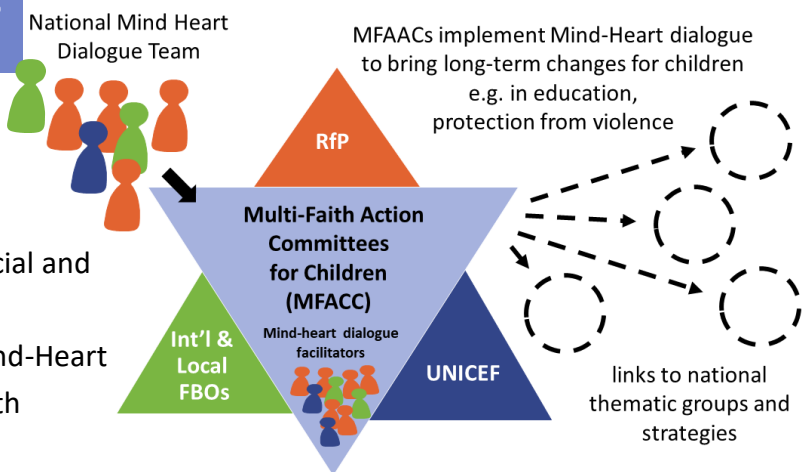
"[Mind-Heart dialogue] enables people to connect with their inner faith and values, not as an intellectual challenge, but as deep internal drivers and enablers of change."

WHAT IS THE TRAINING MODEL?

FPCC will train and accompany approximately **6 - 20 facilitators** per country to form a **National Mind Heart Dialogue Team** who will use the Facilitators Guide to:

- Train others to facilitate Mind-Heart dialogue for social and behavioral change;
- Facilitate a WorkRock for the MFACC, combining Mind-Heart dialogue activities with action planning to enable faith actors and partners to work together effectively;
- Facilitate Mind-Heart dialogue sessions according to MFACC priorities and integrating technical guidance

They will be trained over four days by members of an international Core team and mentored for a year.



8 pilot countries: Kenya, Malawi, South Sudan, Zambia, Nigeria, Burkina Faso, Mali and Niger

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CRITERIA FOR NATIONAL FACILITATORS:

- Demonstrated skills in facilitating adult learning/ participatory methods
- Passion to bring about long-term positive change for children
- Respected for their integrity by their faith group/ community
- Demonstrated **openness and willingness** to learn new approaches
- **Fluent** in English, and **bilingual** (English-French) for francophone countries.

- Designated IRC representative or staff member/ community facilitator with FBO

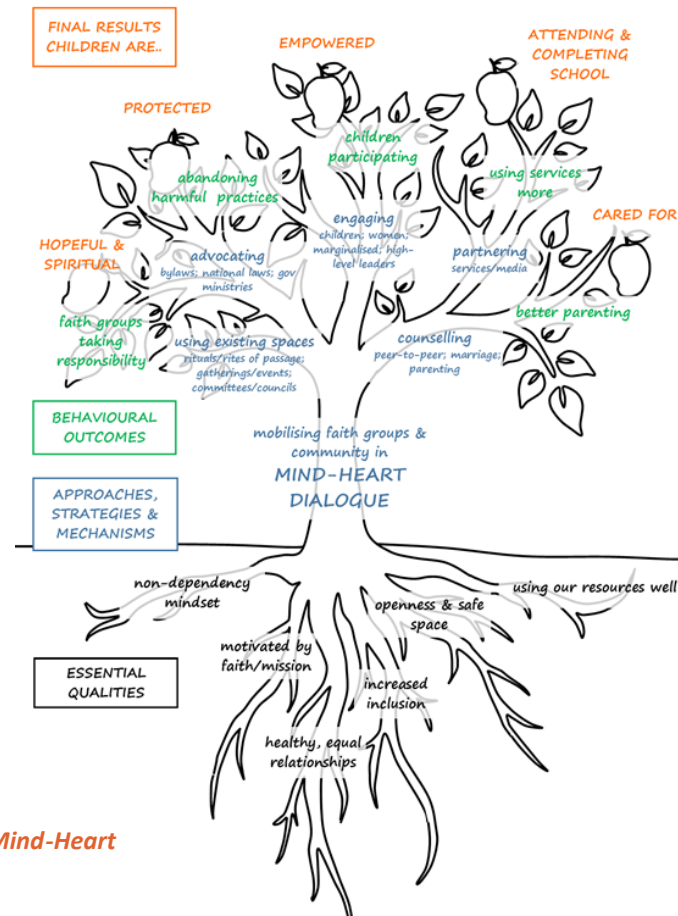
“Before, they were not discussing together: Christians solved their problems; Muslims solved theirs. [Mind-Heart dialogue] broke barriers and brought out common solutions. This is the magic it brought.”

WHAT CHANGES WILL THE TRAINING HELP TO BRING?

Mind-Heart Dialogue Teams will support change in three key areas:

- 1. Improved partnerships:** through Mind-Heart dialogue, faith actors with UNICEF and others find a shared basis for multifaith collaborative action, sustained and implemented through MFACCs.
- 2. Improved approaches:** faith actors at community and national levels facilitate Mind-Heart dialogue to influence effectively attitudes, behavior, and social change. They motivate groups to fulfil their faith mandate to protect and empower the vulnerable; surface positive and harmful beliefs in a safe space; better identify and use local resources; and respond to the voices of those often left out.
- 3. Improved outcomes:** together, this will contribute to lasting change for children – in their education, health, participation, spirituality and protection. Social and behavioral change sustains these outcomes - such as ‘positive practices’ or ‘using services more.’

“We thought that the solution should come from New York but with this [Mind-Heart dialogue] we understand that it must come from us.”



TIMELINE

“We can tackle harmful behaviors on the surface, but deeply rooted social norms remain. We need an approach that links minds and hearts to expose deep-rooted issues in communities.”

PHASE ONE: Designing training model – regional representatives of IRCs, FBOs and UNICEF adapt training model to their context, supported by the Global Advisory Group & training team

PHASE TWO: Adapting training content – based on WorkRock methodologies and FPCC Mind-Heart dialogue Facilitators’ Guide, sessions finalised that will equip Master Trainers to use the Guide

PHASE THREE: Creating training team – Core training team come together to finalise and coordinate the approach and embed Mind-Heart dialogue methodology in training plans

PHASE FOUR: Country-level Master Training – Core training team members facilitate 4 days of Mind-Heart dialogue activities and action planning, with space to put learning into practice

PHASE FIVE: Master Trainers facilitating - Master trainers use FPCC Mind-Heart dialogue Facilitators Guide to carry out in-country activities with mentoring from training team

Quotations are from FPCC participants, including religious leaders, UNICEF staff and FBO representatives.

¹ <https://www.faith4positivechange.org/evidence-and-publications> | ² <https://www.faith4positivechange.org/case-studies>

³ CRC; CEDAW. Joint General Recommendation no. 31/no. 18 on harmful practices (adopted 14/11/14)

⁴ CESCR) General comment no. 21, Right of everyone to take part in cultural life (adopted 21 Dec)